



Republic of the Philippines

## Department of Education

NATIONAL CAPITAL REGION

SCHOOLS DIVISION OF PASAY CITY

PRESIDENT CORAZON "CORY" C. AQUINO NATIONAL HIGH SCHOOL

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### Nutrition Month 2020

The Nutrition Month is an annual campaign held every July by virtue of Presidential Decree No. 491 or the "Nutrition Act of the Philippines" with the aim of creating greater awareness among Filipinos on the importance of nutrition.

The theme for this year was "Batang Pinoy, SANA TALL ... Stunting, SAMA ALL!" It aims to raise awareness of the effects of stunting and what evidence-based interventions can be used to prevent malnutrition, especially stunting, by families, communities and other stakeholders. In order to promote the importance of good nutrition among Filipinos to improve the immune system and mitigate the long-term nutritional effects of the Coronavirus Disease 2019 (COVID-19) pandemic, a sub-theme 'Iwas ALL din sa COVID-19' was added.

As part of the celebration, President Corazon "Cory" C. Aquino National High School prepared various activities adjusted accordingly in observance of minimum health standards and other guidelines as prescribed by the government.

The use of virtual alternatives such as live webinar and social media are maximized to help promote stunting awareness and importance of good nutrition during the first 1000 days of life.

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